

# OCTOBER 2020

## North Central Jr/Sr High School

All students receive a reimbursable tray for free

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

Hamburger  
Baked Beans  
Fruit  
Milk

**5**

Chicken Quesadilla w/ Salsa  
Mixed Vegetables  
Fruit  
Milk  
Cookie

**6**

Country Fried Steak w/  
Biscuit  
Mashed Potatoes  
Fruit  
Milk

**7**

BBQ Sandwich  
Green Beans  
Fruit  
Milk

**1**

Pizza  
Broccoli w/ Ranch  
Fruit  
Milk  
Ice Cream cup

**2**

Chicken Patty Sandwich  
Carrots  
Fruit  
Milk

**8**

Pizza  
Broccoli w/ Ranch  
Fruit  
Milk

**9**
**Fall Break**
**12**
**Fall Break**
**13**
**Fall Break**
**14**
**Fall Break**
**15**
**Fall Break**
**16**

Tenderloin Sandwich  
Sweet Potato Fries  
Fruit  
Milk

**19**

Taco in a bag w/ Salsa  
Breadstick  
Refried Beans  
Fruit  
Milk

**20**

Spaghetti w/ Garlic Bread  
Mixed Vegetables  
Fruit  
Milk

**21**

Chicken Wrap w/ Ranch  
Broccoli  
Fruit  
Milk

**22**

Pizza  
Corn  
Fruit  
Milk  
Carrot Cake

**23**

Chicken Patty Sandwich  
Carrots  
Fruit  
Milk

**26**

Beefy Nachos w/ Salsa  
Breadstick  
Refried Beans  
Fruit  
Milk

**27**

Salisbury Steak w/ Biscuit  
Mashed Potatoes/ Gravy  
Fruit  
Milk

**28**

Chicken Nuggets / Roll  
Romaine Salad w/ Tomatoes  
Fruit  
Milk

**29**

Pizza  
Green Beans  
Fruit  
Milk  
Brownie

**30**

Virtual students may order breakfast and lunch for pick up every day. See NESCS website for order form and details.

Menu subject to change.

USDA is an equal opportunity employer and provider.